

# SOCIAL DIMENSIONS IN ADVANCE CARE PLANNING (ACP) APPLICATION

## 從社會層面看「預設照顧計劃」的實踐

**Margaret Suen, FT, RSW**

[svenhpm@connect.hku.hk](mailto:svenhpm@connect.hku.hk)



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Professional Seminar on End-of-Life Care: Application of Advance Planning in Healthcare and Aged Care Settings, 15 Sept 2023



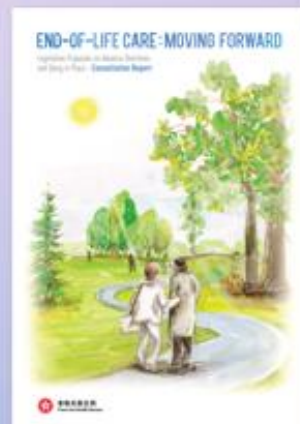
# ADVANCE CARE PLANNING (ACP) & ADVANCE DIRECTIVE (AD) (預設照顧計劃) (預設醫療指示)

## ADVANCE CARE PLANNING (ACP)

- A process of communication among patient, family, healthcare providers
- patient's values, wishes, and preferences for the kind of medical and personal (social) care, advance directive to refuse life-sustaining treatment
- Advance directive is entirely voluntary

## ADVANCE DIRECTIVE (AD)

- A statement, usually in writing...
- indicates when mentally competent what medical treatment he/she would refuse at a time when no longer mentally competent...
- usually with serious irreversible illnesses via advance care planning



End-of-life Care: Legislative Proposals on Advance Directives and Dying in Place, July 2020

# ONE OR BOTH?



# ADVANCE CARE PLANNING (ACP) & ADVANCE DIRECTIVE (AD)

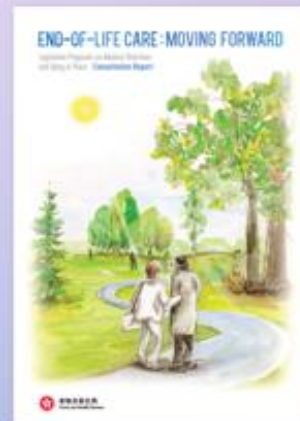
(預設照顧計劃) (預設醫療指示)

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End-of-life Care: Legislative Proposals  
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# ONE OR BOTH?

# • **ADVANCE CARE PLANNING (ACP) & ADVANCE DIRECTIVE (AD)** (預設照顧計劃) (預設醫療指示)



- ACP & AD are integral parts of End-of-Life care
- Communication among three essential parties: patient, family, healthcare provider
- Medical and Social Care, and preference of life-sustaining treatment
- AD is one of the tools to record refusal of life-sustaining treatment





## THE CONCEPT OF PLANNING IN ADVANCE (FOR FUTURE)

「未雨綢繆」 「臨渴掘井」 「生涯規劃」

《詩經·豳 (bun) 風·鴉 (ci, hui)》

《黃帝·內經·素問》

“一個深思熟慮的過程，讓人能整全地規劃一生，包括生命中重要的範疇，如工作、學習、人際關係和閒暇。這過程也要求人在其社會環境中按步驟積極地實施所定的計劃”

(梁湘明, Asian Journal of Counselling, 2005)

**Always Plan Ahead** 事先準備，防患於未然



# THE CONCEPT OF PLANNING IN ADVANCE IN ADVANCE CARE PLANNING

## EOL Care :

## Always Plan Ahead ?



< 1/3 has living will, only 7% involved physicians, 19% understood CPR, 37% not mentioned (Thorevska, 2005)



0.2% with formal AD, 1.1% with no-CPR's orders, 5.6% had a formal guardian, 2.8% had an enduring guardian (Nair, 2008)

1/4 patient with severe lung disease had ACP with a physician (Sinclair, 2017)



0.5% population had AD (Chan, 2019)

2012-2018: only 5,561 AD recorded by HA

香港特別行政區立法會 - 病人的預設醫療指示 ([legco.gov.hk](http://legco.gov.hk))

## Low uptake across places %



# **SOCIAL DIMENSIONS OF ADVANCE CARE PLANNING APPLICATION**

## 從社會層面看「預設照顧計劃」的實踐 - 關係、倫理

### **Pre - Application: Public Health Concept**

- Naming
- Normalization

**Promoting advance care planning via mediated health resources: A systematic mixed studies review**

Svenja Diegelmann <sup>1</sup>, Sonja Bidmon <sup>2</sup>, Ralf Terlutter <sup>2</sup>

- mediated ACP resources positively impact ACP Process and Action outcomes
- videos, digital channels, print, a combination of channels, and mass media

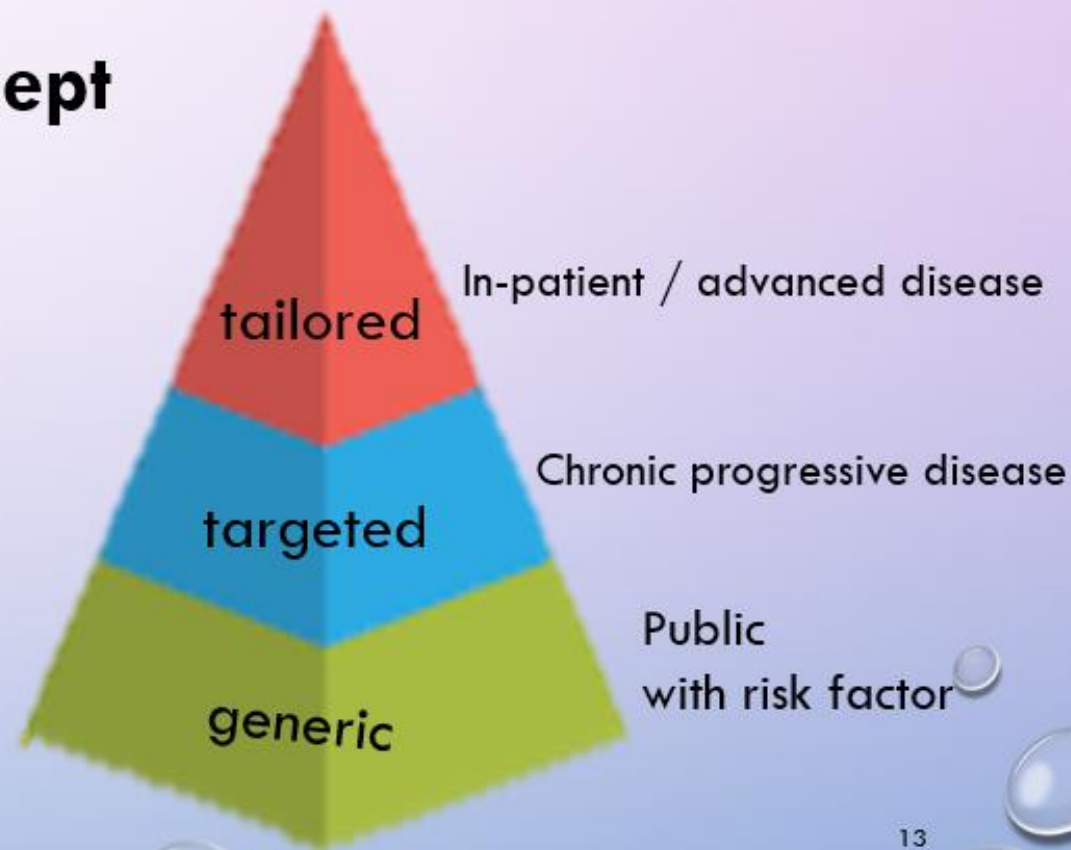
Patient Educ Couns. 2022 Jan;105(1):15-29

# SOCIAL DIMENSIONS OF ADVANCE CARE PLANNING APPLICATION

從社會層面看「預設照顧計劃」的實踐 - 關係、倫理

## Pre - Application: Public Health Concept

- Naming
- Normalization
- Strategic
  - generic
  - targeted
  - tailored





# **SOCIAL DIMENSIONS OF ADVANCE CARE PLANNING APPLICATION**

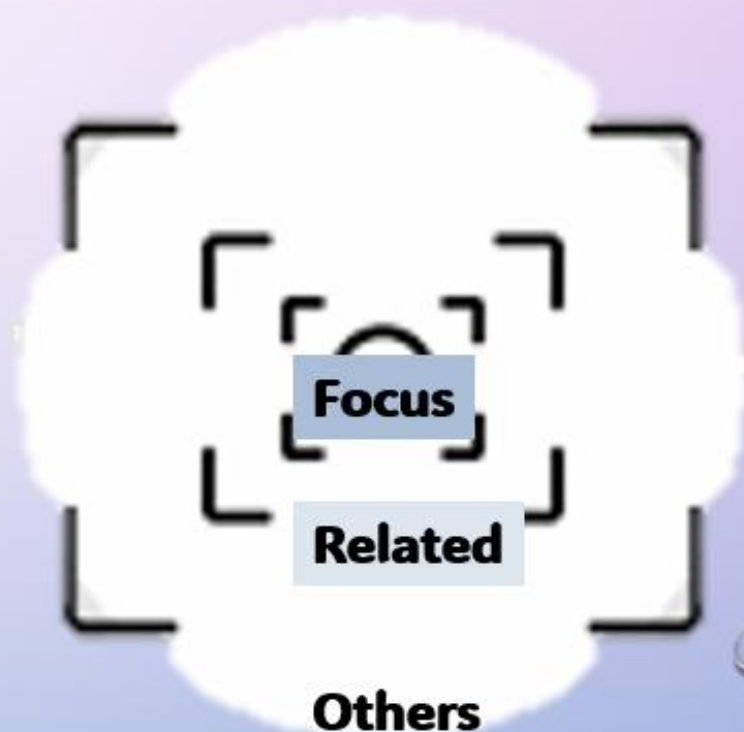
從社會層面看「預設照顧計劃」的實踐 – 關係、倫理

## **Application: Right Things**



### **Contents**

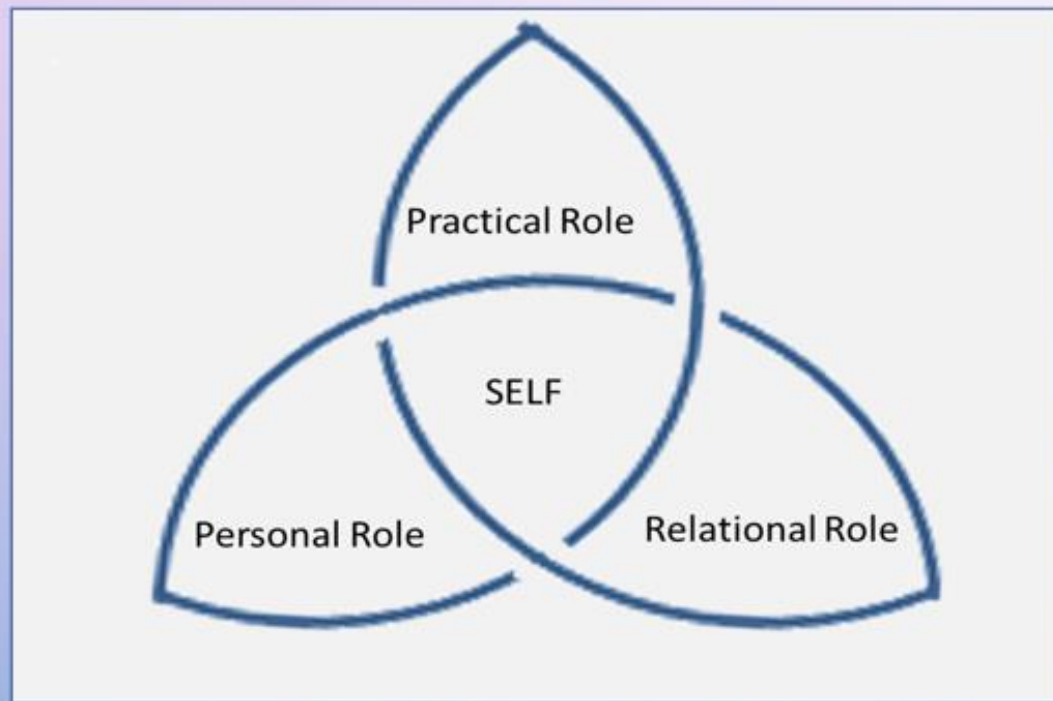
- Focus : medical tx
- Related: psychosocial factors and impacts
- Others: non-medical but important



# SOCIAL DIMENSIONS OF ADVANCE CARE PLANNING APPLICATION

從社會層面看「預設照顧計劃」的實踐 - 關係、倫理

## The Dying Role



Emanuel, Bennett, and Richardson, 2007

## Advance Care Planning

- Practical
- Relational
- Personal

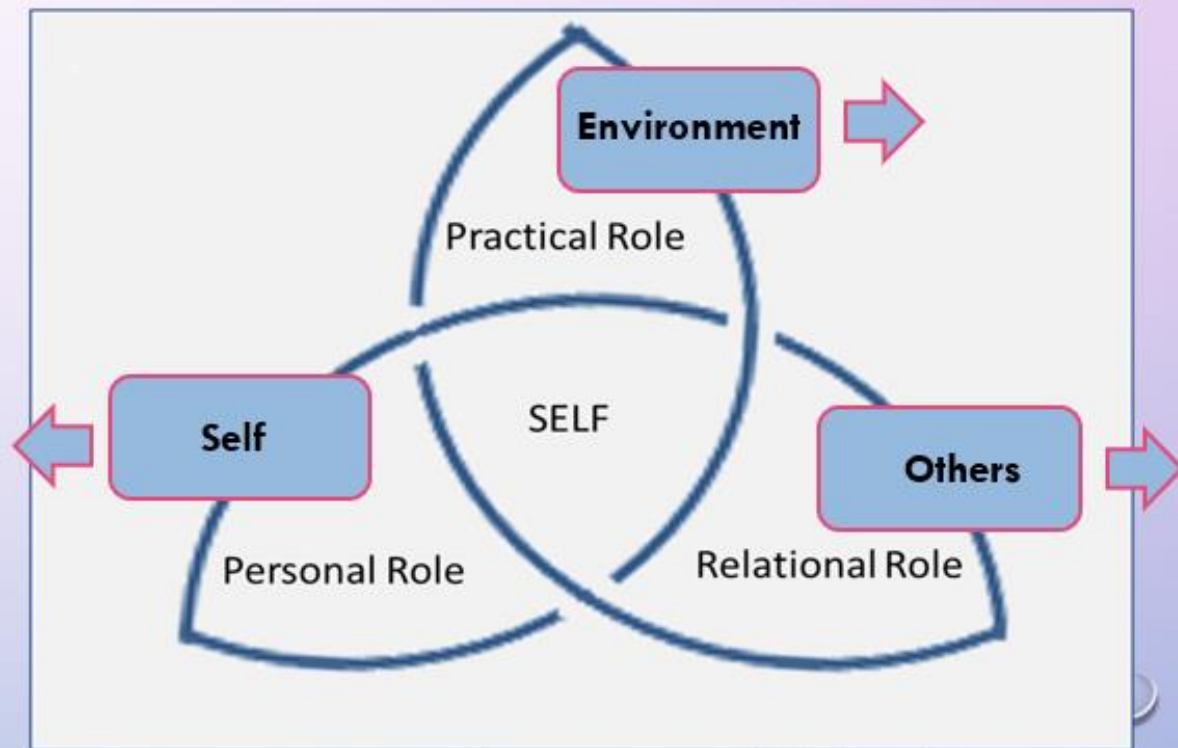


# SOCIAL DIMENSIONS OF ADVANCE CARE PLANNING APPLICATION

從社會層面看「預設照顧計劃」的實踐 - 關係、倫理

## Social Dimensions

- Self with the Environment (衣食住行)
- Self with Others (關係倫理)
- Self with Self (自我實現)



Emanuel, Bennett, and Richardson, 2007

**Death is NOT a single person's business**

# **SOCIAL DIMENSIONS OF ADVANCE CARE PLANNING APPLICATION**

## 從社會層面看「預設照顧計劃」的實踐 – 關係、倫理

### **Social Dimensions**

➤ Self with the Environment (衣食住行)

- Financial Legacy (assets & properties)
- Place of care
- Mode of care (who & how)
- Place of Death



# **SOCIAL DIMENSIONS OF ADVANCE CARE PLANNING APPLICATION**

從社會層面看「預設照顧計劃」的實踐 - 關係、倫理

## **Social Dimensions**

➤ Self with the Environment (衣食住行)

➤ Self with Others (關係倫理)

- Last goodbyes
- Passing the mantle
- Giving permission
- Placing a legacy capstone
- Caring for dependents

# **SOCIAL DIMENSIONS OF ADVANCE CARE PLANNING APPLICATION**

從社會層面看「預設照顧計劃」的實踐 - 關係、倫理

## **Social Dimensions**

➤ Self with the Environment (衣食住行)

➤ Self with Others (關係倫理)

➤ Self with Self (自我實現)

➤ Own Wish list

➤ Closure



# **SOCIAL DIMENSIONS OF ADVANCE CARE PLANNING APPLICATION**

從社會層面看「預設照顧計劃」的實踐 – 關係、倫理

## **Application: Right Channel**

### ➤ **Medical domain with Social dimension**

- Decision making & Family Dynamics
- Treatment Choices and Caregiving Burden

### ➤ **Medical domain with Psychological dimension**

- Subjective interpretation of pain and suffering
- Mortal distress

**Always inter-related, pre-exists and impacts**

# **SOCIAL DIMENSIONS OF ADVANCE CARE PLANNING APPLICATION**

從社會層面看「預設照顧計劃」的實踐 - 關係、倫理

## **Application: Right Time**

### ➤ **Subjective Readiness**

- 'Early'
- 'Not too Early'

### ➤ **Objective Readiness**

- Clinical indication (investigation)
- Signs of Physical deterioration (functioning, hospitalization)
- Expression of caring difficulties (worries, distress)

**Always the Right Time to Explore**



# SOCIAL DIMENSIONS OF ADVANCE CARE PLANNING APPLICATION

從社會層面看「預設照顧計劃」的實踐 – 關係、倫理

## Application: **Right Persons**

### ➤ **Dyadic or Triadic**

- patient & family
- patient & healthcare provider
- patient, family, & healthcare

**Always involve other person<sup>2</sup>(s)**

# **SOCIAL DIMENSIONS OF ADVANCE CARE PLANNING APPLICATION**

## 從社會層面看「預設照顧計劃」的實踐 - 關係、倫理

### **Application: Right Persons**

#### ➤ **Dyadic or Triadic**

- patient & family
- patient & healthcare provider
- patient, family, & healthcare

#### ➤ **Which family member(s)**

- Practical function
- Emotion function
- Decision function

**Capable & Willing**

**Always defined by the patient<sup>23</sup>**

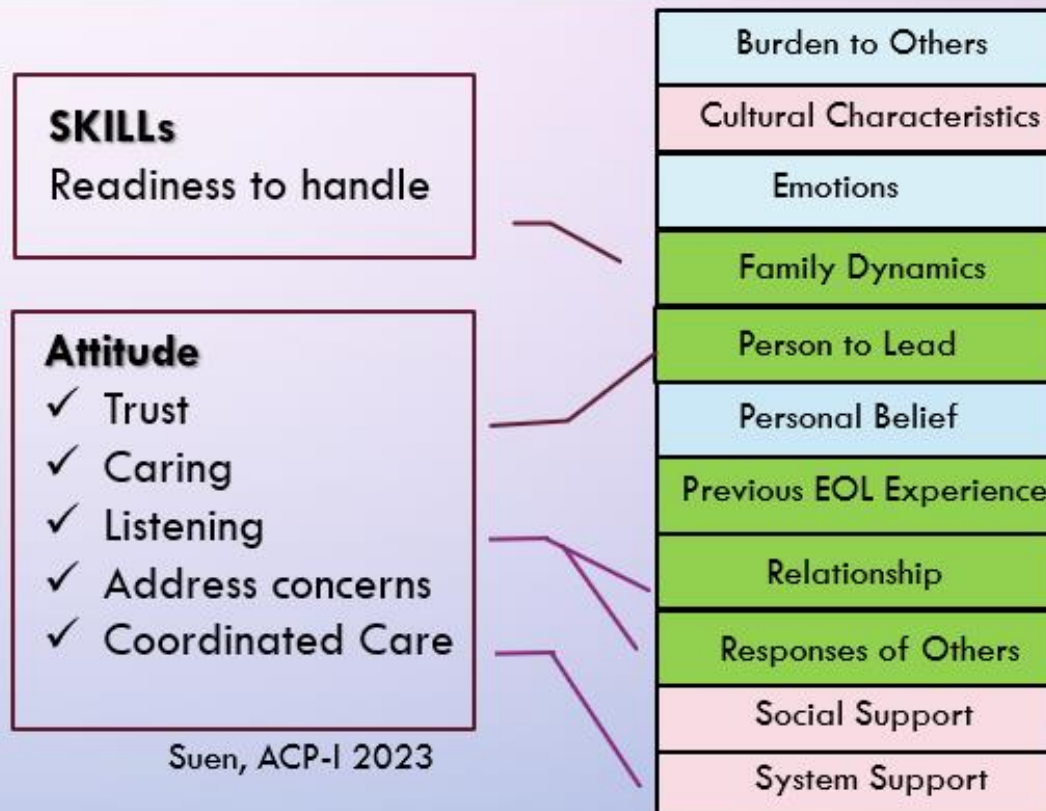


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從社會層面看「預設照顧計劃」的實踐 - 關係、倫理

## Application: Right Persons

- Dyadic or Triadic
- Which family member(s)
- Which healthcare provider

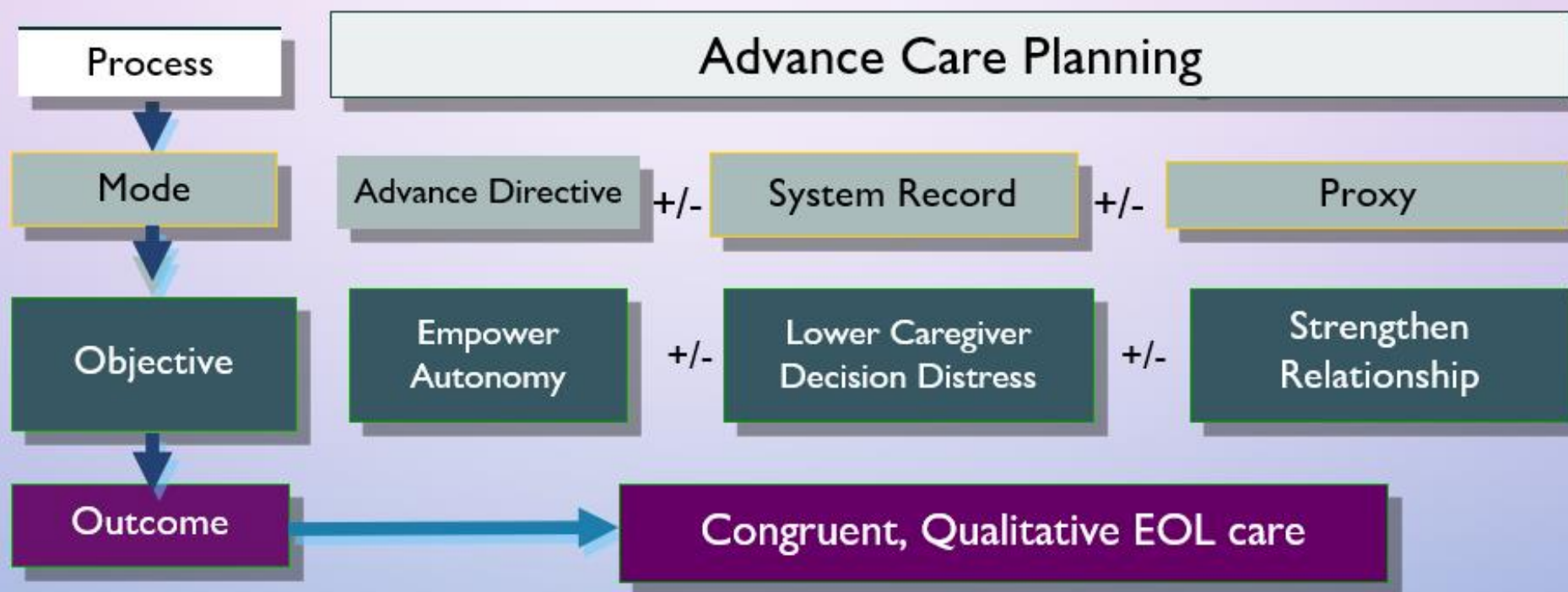


Suen, ACP-I 2023

Always not the skills but **Attitude**

# SUM UP

## Social Dimensions of Advance Care Planning





# SUM UP

## Social Dimensions of Timing (天時、地利、人和)

### Preparation:

- ☐ Physical - warm up
- ☐ Psychological – what will be discussed
- ☐ Context – relevant to the situation

### Follow up :

- ☐ Coordinated care
- ☐ Continuity of care

## SUM UP

### Social Dimensions in the Medical Dimension (你中有我、我中有你)

#### ❖ In ACP on Medical Options, not limited to medical concerns:

- ☐ social factor (社交因素)
- ☐ quality of life (生活素質)
- ☐ functional status (活動能力)
- ☐ personal value (個人價值取向)

#### ❖ In ACP on Decisions, not only the choice

- ☐ facts / feelings (客觀利弊、主觀感受)
- ☐ distress / strengths (憂慮、潛能)
- ☐ resources / relations (資源、關係)





# Thank You